

# 2008 HAWAII IRONMAN SPECIAL

GEAR >> TRAINING >> RACE SCENE >> LIFESTYLE

# Triathlete®

JANUARY 2009

**12** ESSENTIALS  
FOR WINTER TRAINING

**TRAGEDY  
TO TRIUMPH**

FORMER CYCLING STAR  
TAKES ON TRIATHLON

**MAXIMIZE**

YOUR LONG RUN WORKOUT

**TUBULARS**

**VS.**

**CLINCHERS**

WHICH TIRE IS  
RIGHT FOR YOU

**BORN FOR**

WELLINGTON REIGNS IN KONA



#BXNMZPX \*\*\*\*\*AUTO\*\*SCH 5-DIGIT 95037

#00373315/8# TRIA XXXX 35

MIKE SINYARD

SPECIALIZED

15130 CONCORD CIR

MORGAN HILL CA 95037 5493

**Zoot ULTRA Soft Shell Jacket \$160.00**

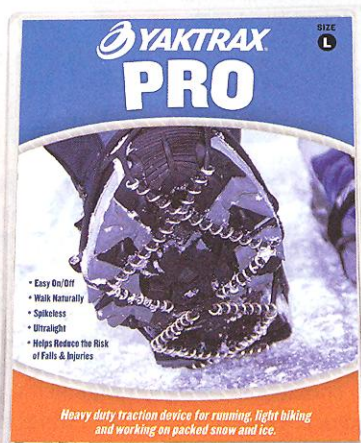
This jacket will keep you dry through rain, sleet or snow while offering excellent breathability. The water-repellent knit exterior with a thermal warmth liner makes this jacket ideal for use in cool to freezing temperatures. Windproof protection and backdraft cuffs with thumb loops make sure the breeze stays out. Side pockets and a zipper garage with draft flap can hold your lip balm, keys or gloves. The reflective detailing in the front and back keeps you safe.

**Zootsports.com**



By Courtney Johnson

When the couch and a hot cup of cocoa are calling, this cold weather gear will get you out the door and keep you warm and safe while getting ready for that early-season race.

**Panache Chest Deflector \$60.00**

Used by many professional racers as a convenient windproof solution for cold and windy conditions, the Panache Chest Deflector can be worn over your base layer or beneath your jersey. Easy to take on and off even while riding, it easily packs down into a back pocket with enough room left for bars and gels. Made of wind-proof and waterproof fabric from WindTex, the deflector will keep the wind out while keeping you dry. **Panachecyclewear.com**

**YakTrax Pro \$30.00**

On packed snow and ice, YakTrax will give you the 360 degrees of traction you need to keep proper running and walking form while keeping you injury free and safe from falls. The 1.4-mm steel coils are abrasion resistant and the webbing is made of 70-percent recyclable material. You can customize them to whichever shoe brand you're loyal to. Rubber webbing and a removable performance strap ensure a snug and comfortable fit. The toe bridge keeps toes safe from snow-covered rocks. They are lightweight but durable for use time and time again in temps as low as -40 F. **Yaktrax.com**

**Bellwether Pittards Windstorm Glove \$37.50**

This completely windproof mid-weight winter glove can be worn inside or outside long-sleeve garments with its convenient Velcro closure. It features a silicone honeycomb palm design for greater grip in wet conditions. Reflective accents help keep you visible on cloudy days. The terycloth thumb and long cuff style are an added bonus.

**Bellwetherclothing.com**

**Specialized Eureka Element Jersey \$155**

Perfect for the cold lover or those who need to get their workout in, the Eureka Element Jersey features winter-weight Fieldsensor fabric and soft-shell panels on the front and arms to keep the wind outside and the warmth inside. Its moisture-transfer function and stretch fabric ensure a comfortable fit. The soft-shell protective panels are water resistant and the jacket also features an external zippered security pocket on the back. A unique shoulder construction provides comfort in the cycling position or while carrying a pack on your back. **Specialized.com**

